

SONS OF JACOB SYNAGOGUE BULLETIN

APRIL 2020

NISAN - IYAR 5780

Sons of Jacob is complying with the State of Iowa banning groups of 10 or more gathering.

As a result, all in person services, meetings, and classes have been canceled at this time.

Please watch for updates moving forward.



Your new officers, following the March 8th Annual Meeting:

President:	Sarah Stokes
Vice-President:	Bobbi Kazenelson
Treasurer:	Ira Fratrick
Secretary:	Naomi McCormick
Board Members:	Leo Feldman Tyler Jaffe Roberto Swazo

This is a strange time for most of us. Things are very different from what we have always known. We are all wondering what each new day will bring. We are overwhelmed with facts, rumors, statistics. Everywhere you turn, there is a reminder or a warning, or another email letting you know what a company/organization is planning to do during this unsure time. Gathering to support one another during difficult times is a natural tendency. However, we cannot gather at this time. The best thing we can do is to support others in our community to the best of our ability. We have sent out some information and resources to our email list, and will continue to send out information and updates as appropriate.

If you need some sort of help, please feel free to reach out. If it is not something that we can support in our immediate community, we will look for resources to help you out.

Please be well and stay healthy and safe.

*With
Sympathy*



Our sincere condolences to the family of David Nacht, who died in his home on Thursday, March 12, 2020.

David will be greatly missed by all.

May his memory always be a blessing to those who loved him.

**Donations from friends and family,
In memory of David Nacht**

Leo Feldman – Plaque Donation

Judy Finkelstein

Elana Joram, Tony, Sara & Maya Gabriele

Ted, Renee & Debbie Lederman

George & Edna Nacht

Paul Schwarzbaum

George Zucker – Donation to JZMSF

**We gratefully acknowledge the receipt of the
following contributions:**

FINKELSTEIN, Judy – Donations to the Finkelstein Educational Fund,

In memory of her father, Edgar Marshall; and her brother-in-law, Leonard Finkelstein

LEDERMAN, David & Amy and Family – In loving memory of his uncle, Marvin Lederman

STICKFORT, Allen – Donation to the General Fund

VIDIS, Arnold & Mary Kay – In memory of his grandfather, Jacob Tabach

WIDERSCHHEIN, Lotte – In memory of her mother, Gertrude Wolf

Soul and Breath: A prayer

By Elana Stein Hain

“Soul and Breath”

Our God, the souls and breaths that you have placed within is are pure
You created them, You fashioned them, You breathed them into us and You preserve them within us,
And for each and every breath we must praise You,
As is written, “Every soul (*neshamah*) shall praise God,”
“Every breath (*neshimah*) shall praise God.

Lord of souls and breaths,
We seek out Your face, and Your spirit to hover over the deep that has opened up
To breathe into us once again the breath of life
For we are in great travail – all who bear the breath of life
And we do not know what to do.

Instill within all medical teams and world leaders a spirit of wisdom
To understand, to discern to learn, to teach and to do
A spirit of counsel and might to renew their strength.
And instill within all of us a spirit of knowledge to protect ourselves
And the fear of God to care for our fellow – the weary, the exhausted and infirm
And to honor our elders.

Bless us with a spirit of forbearance for we have not enough strength against this great multitude that comes against us.
And fulfill through us that which is written: “Thus said God the Lord, Who created the heavens and stretched them forth, Who spread forth the other and that which comes out of it, Who gives breath to the people upon it and spirit to those who walk therein. I, the Lord have called you in righteousness and have taken hold of your hand and protected you...”

“נשמה ורוח”

א-לוהינו, נשמות ונשימות שנתת בנו טהורות הן
אתה בראתן אתה יצרתן אתה נפחתן בנו ואתה משמרן בקרבינו,
ועל כל נשימה ונשימה חייבים אנחנו לקלס לך
כדכתיב, כל הנשמה תהלל י-ה, [1] כל הנשימה תהלל י-ה. [2]

אדון הנשמות והנשימות,
מבקשים אנו את פניך ואת רוחך לרחף על פני התהום שנפתח להפיה בנו עוד נשמת חיים
כי בצרה גדולה אנחנו פל אֶשֶׁר נִשְׁמַת רוח חיים בְּאַפֵּינוּ ובאפיה
ואנחנו לא נדע מה נעשה

תן בכל צוותי הרפואה ומנהיגי תבל רוח חֲקֻמָּה
להבין ולהשכיל ללמוד וללמד ולעשות ורוח עֲצָה וְגִבּוֹרָה להחליף את כוחם ותן בנו רוח דַּעַת לשמור על נפשותינו וְיִרְאַת ה' [3] לטפל בזולת, בעיפים וביגעים ובנחשלים, ולהדר פני זקנינו.

ברך אותנו עם ארך רוח כי אין בנו כח לפני ההמון הרב הזה הבא עלינו [4]
וקיים בנו מה שכתוב:
” כֹּה-אָמַר הָאֱלֹהִים בּוֹרְאֵי הַשָּׁמַיִם וְנוֹטִיָּהֶם רַקַּע הָאָרֶץ וְצִאֲצָאֶיהָ גִתּוֹ וְנִשְׁמָה לְעַם עָלֶיהָ וְרוּחַ הַלֵּלִים בְּהָ אֲנִי ה' קְרֵאתִיךָ בְּצִדְקָה, וְאַחֲזַק בְּיָדְךָ וְאַצְרִיךָ... [5]

Words of Wisdom from Rabbi Kushner...

Two a Day

Glossy advertisements would have you swallow one multivitamin tablet a day. Now, probably everyone would reach for a magic “one a day” pill in order to keep from getting Covid-19. That would mean we win, and the virus loses. Unfortunately, viruses have no morals and don’t play by predictable rules. How confusing, when even experts disagree on the best strategy in this situation. Many of us find ourselves funneled into unfamiliar, constricted territory. Restricting social contact outside the immediate family is especially difficult for Jewish life, which is by nature communal.

There are several traditional Jewish responses to crisis. The first is prayer. We turn to the Psalms for strength, especially Psalms 120 through 135. Realizing that we are all affected, we find resilience in achdut Yisrael, the unity of the Jewish people: we are all responsible for each other. In the book of Numbers, we read that when Miriam was stricken with leprosy, the Israelites did not march on until she was healed. This teaches us that we do not desert those who are ill. In addition, the Talmud counsels us to share our thoughts, our fears, and to be in communication with others.

Many congregations are offering virtual services on Zoom, and now that the annual Passover Sedarim have been canceled almost everywhere, this has become an option as well. I am happy to share our Seder here at home with anyone who wants to join us on Zoom. Just let Stephanie know, and I’ll make a list.

I believe that our Jewish answer is not “One a Day,” but “Two a Day.” Two short telephone calls a day to members of the congregation, to neighbors or to friends form a crucial emotional support system. We need to hear each other’s voices and be reminded that we are still there for each other.

Psalm 27 reads to “be strong and let your heart take courage. Hope in Adonai.” This is really our strongest Jewish penicillin: Ha Tikvah, Hope.

With blessings for health and blessed connections, I wish all of you a Happy Passover holiday!

Rabbi Rebecca

Jewish Connections Book Club

Future Meetings:

The March, April and May meetings of Jewish Connections have all been postponed. Three future, meeting dates will be scheduled to discuss these books.

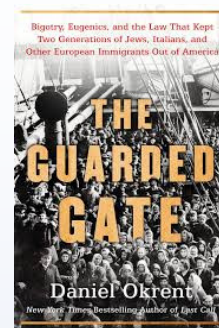
Please watch for updates once the public health emergency is over.

The Jewish Connections Book Club meets for brunch and a book discussion one Wednesday, each month from September-May. All meetings are held at the Tea Cellar in Cedar Falls. Dates, times, and reading selections are listed to the left. We welcome members and friends of Sons of Jacob to our meetings. For additional information on the club, please contact Naomi McCormick, nmccormick@cfu.net or Bobbi Kazenelson, bobbikaz@gmail.com.

Book 1:

The Guarded Gate

By Daniel Okrent



Book 3:

A Backpack, a Bear, and Eight Crates of Vodka

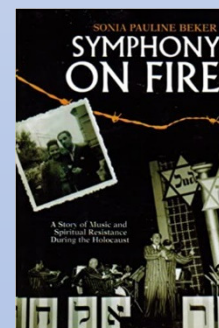
By Lev Golinkin



Book 2:

Symphony on Fire – A Story of Music and the Spiritual Resistance During the Holocaust

By Sonia Pauline Beker



Yahrzeits

In Jewish tradition, when the year of mourning is over, mourners are expected to return to a fully normal life. There are several occasions each year when our loved ones who have passed on are memorialized. The most significant of these is yahrzeit, the anniversary of the death, which is observed according to the Hebrew calendar. As is the case in all Jewish holy days, yahrzeit observance begins at night.

You are invited and encouraged to let us know the name and yahrzeit of your beloved ones who have departed. We will add them to our bulletin on the month in which the death occurred. You will get a reminder when the yahrzeit occurs. Yahrzeit candles are available at the synagogue.

“The memory of the Righteous is a Blessing”

The yahrzeits of these beloved, departed relatives listed below should be observed on the Friday and Saturday of the week listed...

Mar 29 - Apr 4:

Lillian Finkelstein
Abe Kopel
David Sonsino
Nate Goldstein
Rabbi Edward Cohn
Richard Kopel
Lillian Sohn

April 12 - 18:

Leonard Finkelstein
Kate Miller
Klara Margulies
Ida Gordon
Bernard Klein
Laura Nacht
Betty Reinstein
Max Silber
Barney Rosenthal

April 19 - 25:

Gittel Bricker
Gregorio Kazenelson
Jerry Kaplan
Minnie Fein
Anna Leizerowitz
Kyle Leizer
Morris Cohn
Stephen Leizer
Samuel Slone
Jacob Levine
Audrey Marshall
Samuel Sigel

April 5 - 11:

Nehemiah Unger
Ralph Sherman
Mary Dorfman
Florence Hahn
Harry Schlesinger
Hyman Zeiger
Jessie Chapman
Benjamin Levine
Ruth Strom Brady
Eli Goldstein
Sarah Lipkin
Bertha Rubin
Esther Deutchman
Louis Epstein
David Slivken
Mary Barg
David Rosenthal

Apr 26 - May 2:

Harry Krensky
Moshe Friedman
Regina Lemson
Eva Goldstein
Molly Offman
Hugo Field
Ethel Kaplan
Belle Gurilnik
Edna Cohn
Dora Bloom
J. Meyer Offman
Myra Siegel

